

# Marda Run Club Liability Waiver & Release Form

Powered by ALTA Physiotherapy & Marda Loop Brewing

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## Participant Waiver, Release of Liability, and Assumption of Risk Agreement

Full Name: \_\_\_\_\_

Email: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Emergency Contact Name & Phone Number: \_\_\_\_\_

### PLEASE READ CAREFULLY BEFORE SIGNING

I, the undersigned, acknowledge, agree, and understand the following:

- Voluntary Participation:** I am voluntarily participating in the Marda Run Club, organized by Alta Physiotherapy and Marda Loop Brewing, which includes physical activities such as running and walking. I understand that participation is entirely voluntary and at my own risk.
- Assumption of Risk:** I acknowledge that running and walking involve inherent risks, including but not limited to falls, contact with other participants, the effects of weather, road and trail conditions, traffic hazards, dehydration, injuries from physical exertion, and interactions with dogs, including but not limited to bites, scratches, or other unforeseen incidents. I assume full responsibility for any risks, injuries, or damages, known or unknown, which may occur as a result of my participation.
- Health & Safety:** I confirm that I am physically fit and have no medical conditions that would prevent me from safely participating in the Marda Run Club. I understand it is my responsibility to consult with a physician before engaging in any physical activity. I will not participate if I am feeling unwell or experiencing symptoms of illness.
- Liability Waiver:** I hereby release, discharge, and hold harmless Alta Physiotherapy, Marda Loop Brewing, their owners, employees, sponsors, volunteers, and affiliates from any claims, liabilities, damages, or legal actions arising from my participation in the Marda Run Club, including but not limited to personal injury, death, or property damage.
- Alcohol Consumption:** I acknowledge that Marda Loop Brewing offers post-run beverages, including alcoholic beverages. If I choose to consume alcohol, I do so responsibly and at my own discretion. I understand that neither Alta Physiotherapy nor Marda Loop Brewing is responsible for any injuries, accidents, or incidents related to alcohol consumption before, during, or after club events.
- Photo & Media Release:** I consent to the use of photographs, videos, or other media taken during club events for promotional and marketing purposes by Alta Physiotherapy and Marda Loop Brewing. If I do not consent, I will notify the organizers in writing.

7. **Personal Belongings:** I acknowledge that I am responsible for my own personal belongings during Marda Run Club activities and that neither Alta Physiotherapy nor Marda Loop Brewing is liable for any lost, stolen, or damaged items.
8. **Acknowledgment of Policies & Communication:** I agree to receive communications from Alta Physiotherapy and Marda Loop Brewing regarding Marda Run Club updates via email, WhatsApp, and newsletters. I understand that I can unsubscribe from these communications at any time.
9. **Binding Agreement:** This waiver is binding upon me, my heirs, executors, administrators, and assigns. I understand that by signing this document, I am waiving certain legal rights, including the right to sue.

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### Acknowledgment & Signature

I HAVE READ THIS AGREEMENT AND FULLY UNDERSTAND ITS TERMS. I UNDERSTAND THAT I AM GIVING UP LEGAL RIGHTS BY SIGNING IT, AND I SIGN IT FREELY AND VOLUNTARILY.

**Participant Name:** \_\_\_\_\_

**Participant Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Parent/Guardian Signature (if under 18):** \_\_\_\_\_

**Date:** \_\_\_\_\_

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Thank you for being part of the Marda Run Club! Stay safe and enjoy the runs! 